Southwark Young People’s Health and Wellbeing Service

The Service Background
The Southwark YP HWB service brings together two specialist providers of sexual health and substance misuse services with broad experience to create a new service for Southwark. Brook is an incumbent provider of sexual health services for young people in Southwark with over 50 years’ experience of delivering clinical, education and wellbeing services. Brook is partnering with (and subcontracting to) Change, Grow, Live (CGL) to deliver this service. As a trusted and experienced provider of substance misuse services for adults and young people, CGL work in partnership with service users to help them change their lives for the better and achieve positive and life-affirming goals.

Service Overview
The new Southwark Young People’s Health and Wellbeing service will offer a comprehensive, wrap around, sexual health, substance misuse and health and wellbeing service for young people in Southwark. The service offers:
- Holistic Health Assessment
- Advice and Information on substance misuse, sexual health and health and wellbeing
- Tier 1-3 Substance misuse service
  - Harm reduction
  - Tier 1-3 substance misuse interventions and structured treatment
  - Supported access to Tier 4 services
- Level 1/2 sexual health service
  - STI testing and treatment
  - Pregnancy testing and advice on options
  - Emergency and routine contraception including LARC
- Access to C-Card through Come Correct
- My Life programme for young people wanting support to effectively manage risks and improve their health and wellbeing
- Training and support for professionals
- All clients will be assessed and safeguarded throughout the service regardless of entry point
- People over 25 or needing further support will be supported to access additional services within the borough.

Universal drop-in provision will target identified high-risk groups of Southwark young people aged up to 25 years, providing signposting and support to access self-care for non-target clients, with additional support for target client groups aged 21-25.

A New Service
The service will be delivered using a mixed hub and outreach model. The Southwark hub site is currently being developed with pop up services already in operation. The service intends to develop a shared brand so that service users and stakeholders recognise they are using the integrated service regardless of location or access point. The service is currently engaging with young people to develop a clear brand and
stakeholders will be invited to a launch event of the new service in early 2018 complete with new branding and website.

**Offer 1: All staff**
- Health assessment
- Advice and information
- SM brief intervention
- Asymptomatic STI screening
- C card
- Pregnancy testing

**Offer 2: Substance Misuse practitioner**
- Hep B and A vaccination
- SM harm reduction, interventions and structured treatment programmes

**Offer 3: Sexual Health clinical staff**
- Symptomatic testing and treatment
- Emergency IUD/oral contraception
- Routine contraception
- LARC
- Hep C testing (high risk)

**Offer 4: Wellbeing Support Worker/Substance Misuse Worker**
- My life intervention

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**Inward and outward referrals**

**Other external services**
- CAMHS
- Social Care
- Voluntary Sector
- YOS
- Police

**Mainstream Sexual Health services**
- Complicated STI treatment and management
- Deep implant removal
- Complicated contraception
- PREP /PREP

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**Self referral**
How to refer a young person to the Service

We are currently working on some formal referral pathways but in the meantime young people can drop in to the clinic or visit Brook and or CGL websites for further details.

To make a sexual health referral:

All professional contact can be made through the contact details on our website www.brook.org.uk or directly to:

Laura Jones, Service Manager:
07917758612
laura.jones@brook.org.uk

Miranda Mcwhan, Nurse Manager:
07979247941
miranda.mcwhan@brook.org.uk

To make a substance misuse referral:

As an interim measure, all referrals shall be managed through the CGL adult service. Please follow the link below:


Tel: 020 7358 7266

Young person’s substance misuse resilience workers contacts:

fraser.campbell@cgl.org.uk
sharon.thompson@cgl.org.uk
richard.humphreys@cgl.org.uk

Client self-referral:

Information on current pop up services within Southwark is available on the Brook website: www.brook.org.uk. More sites will be added as they are up and running so please check back for further information. Young people in
Southwark are welcome to drop into any of our pop up clinics including our services in Brook Brixton.