

Participation at Brook 13-15s Forum

Role Description

What is Participation?

Young people working with Brook have described Participation in different ways; joining in, creating change, seeing an outcome and helping out!

Participation means giving people the opportunity to get involved in decisions that could affect them. Children and young people have this guaranteed to them through Article 12 of the United Nations Convention on the Rights of the Child (UNCRC).

By choosing to participate in Brook's work, you will be helping to make sure our work is the best it can be for people in your local area and across the UK, whilst playing a key role in your own development by increasing your knowledge and skills in lots of different ways. You'd be welcome to remain within the Brook forum for up to 2 years.

The Role: What to Expect? Some opportunities that you might be offered by Participating at Brook include:

- Attend meetings with other young people 4 times a year (3 online and 1 residential trip) arranged by the Brook team
- Join campaigns to raise awareness about issues that young people think are important
- Organise, attend and represent Brook at events
- Create, complete and promote surveys to help us improve what we do
- Being involved in group discussions to help make our services better
- Give feedback and ideas about our educational resources
- Provide us with your thoughts about how new services should look
- Help to shape our digital content through social media

About you

We would like people involved with Brook's Participation to be:

- Feel passionate about issues related to relationships & wellbeing
- Keen to support Brook to deliver clear positive messages locally and across the country
- Committed to attending meetings with other young people 4 times a year (3 online and 1 residential trip) arranged by the Brook team (dates given in advance)
- Be open minded, this means respecting others involved
- Be committed to the aims, values and purposes of [Brook's work](#)
- Be reliable and punctual
- Be able to take part as a team with other young people and adults
- Be able to complete some written or verbal tasks
- Be a good communicator; stay in touch with the Participation leads
- Happy to get other young people involved

