

Dear

There has been a lot of negative coverage in the media recently about Relationships, Sex and Health Education (RSHE), and lots to suggest that parents do not support RSHE.

I want to let you know that I and many other parents support the teaching of an inclusive RSHE curriculum.

I think that RSHE helps to keep our children safe by teaching about all the things that they must deal with in today's world.

Some of these are issues that, as parents, we don't want to think about and don't know how to talk about, but we know that our children need help to make sense of them. I know that we need to work with schools to make sure our children get that education and we also want to know how we can continue RSHE discussions at home.

I think it is right that Relationships Sex and Health Education is:

- Protective
- Developmentally appropriate and responsive
- Inclusive
- Evidence-based
- Empowering
- Effective
- Professional
- Engaged with parents and carers

That's why I have signed [this pledge by Brook](#), in support of high-quality, inclusive RSHE.

Parents want to know what is being taught in RSE, but we also want to know how we can continue RSE discussions at home.

Thanks for all you do and we appreciate your advice and support with this.

Yours sincerely

