

MID-POINT EVALUATION OF PARTICIPATION ADVISORY GROUPS

May 2025



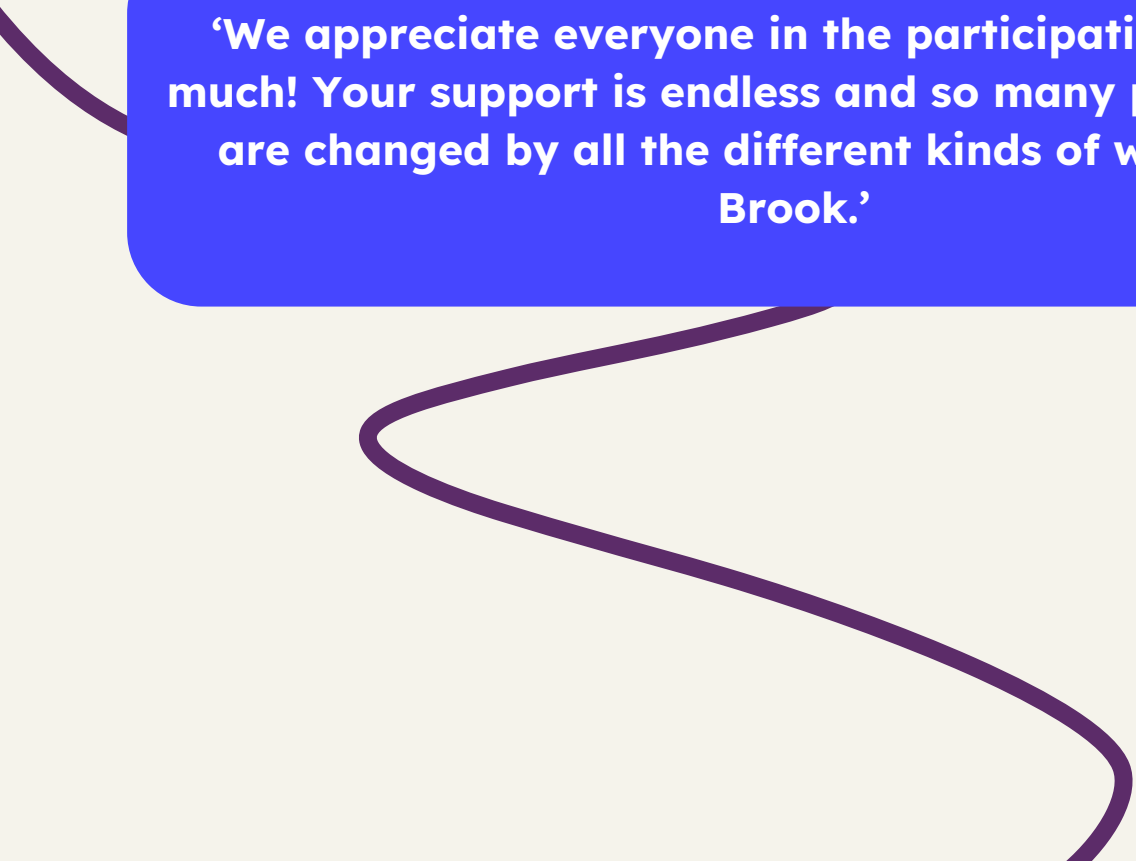
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PURPOSE AND APPROACH

This mid-term evaluation captures the experiences and feedback of PAG members at Brook, using the Lundy Model of Participation—Space, Voice, Audience, and Influence—as a framework. With a 43% response rate from 40 members, the survey provides valuable insights into the effectiveness of participatory practices and areas for growth.

‘I’m absolutely getting the experience I signed up for with the diversity of the people I get to have amazing discussions with, the flexibility of involvement and all the opportunities I’ve been offered.’

‘We appreciate everyone in the participation team so much! Your support is endless and so many people’s lives are changed by all the different kinds of work within Brook.’



KEY FINDINGS

1. Space: Safe and Inclusive Environment

- 100% of respondents feel safe and listened to.
- Members praised the welcoming atmosphere, clear group agreements, and supportive staff.
- Diversity is valued, though some noted the absence of male perspectives.
- Quotes highlight the importance of group “rules” and peer support in fostering confidence.

‘I feel that the environment in which you are sharing your thoughts, feelings and opinions is safe and welcoming. it makes you feel confident and able to contribute knowing that everyone will listen.’



2. Voice: Support to Express Views

- 100% felt they had the chance to share opinions and understood the topics.
- 94% felt well-informed to contribute meaningfully.
- Flexibility in communication methods (verbal, text, digital tools) was appreciated.
- Some suggested slightly longer meetings and post-meeting follow-up options.

‘The part about having group “rules” specific to what would make people comfortable makes a big difference since it truly feels like a safe environment where you’re listened to.’



3. Audience: Being Heard by Decision-Makers

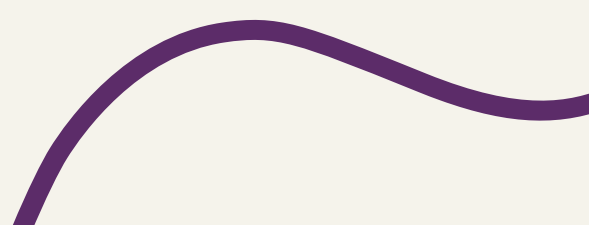
- 94% agreed their views reach the right people and that the participation team is transparent.
- Some members requested more clarity on how their input is used and the outcomes of discussions.

‘If I wanted to share an opinion on Brook and how Brook might improve their services then I think the right people are hearing my ideas.’

3. Audience: Being Heard by Decision-Makers

- 94% felt informed about what happens with their contributions and comfortable asking for updates.
- A few noted uncertainty about the outcomes of specific workshops, suggesting a need for clearer follow-up.

‘So far we have discussed ideas and themes we’d like to work on. I would like more information on what is going to happen with this info.’



THEMES OF INTEREST

Members identified key topics in relationships, sexual health, and wellbeing:

- **Understanding and Safety:** Emphasis on safe access to services and understanding relationship choices.
- **Education and Rights:** Desire for inclusive, realistic sex education and queer rights.
- **Negative Influences:** Concerns about online harms, STI rates, and toxic cultural figures.
- **Open Communication:** Need to normalise conversations around sexual and women's health and body autonomy.

‘I’ve also massively gained confidence and pride in my ideas and contributions which is a big deal for me’.



LEARNING AND DEVELOPMENT

Members identified key topics in relationships, sexual health, and wellbeing:

Members reported:

- Increased confidence, communication, and teamwork skills.
- A sense of pride and empowerment in contributing to Brook's mission.
- Goals for the year ahead include deeper engagement, skill-building, and relationship development.
- 82% expressed interest in further training; 86% of those are interested in a Brook mentor programme.

'I have felt like I am making real change and it's truly down to the positivity that is expelled by the PAG staff!'

'I learnt that I have valuable knowledge to offer and that a group of people, even strangers, can work to create something exciting, fresh and meaningful to support Brook's important goals and mission'.

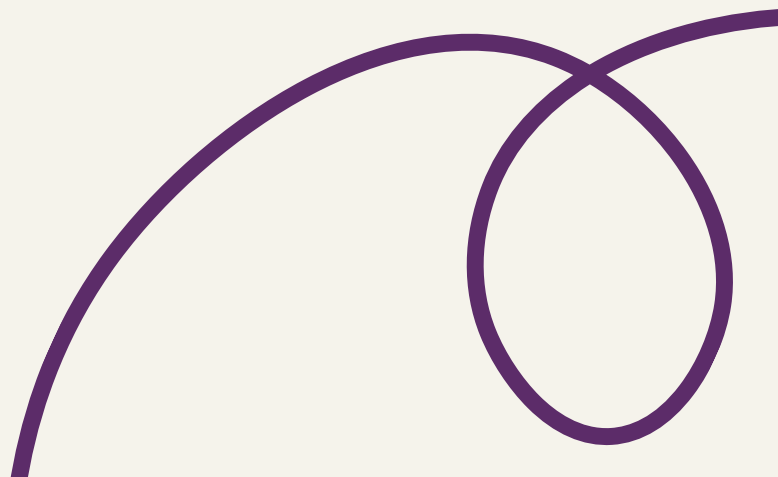
CELEBRATING ACHIEVEMENTS

Top preferences for celebrating PAG contributions:

1. In-person event with Brook staff and external organisations.
2. Collaborative video showcasing PAG journeys.
3. Online showcase involving staff and partners.

SUGGESTIONS FOR IMPROVEMENT

- Introduce eligibility criteria and topic overviews for opportunities.
- Provide earlier notice of projects to allow thoughtful contributions.
- Offer diverse opportunities that reflect members' varied skills, including creative projects.



NEXT STEPS

Brook's Participation Team will:

- Strengthen feedback loops and clarify how input is used.
- Explore training and mentoring opportunities.
- Plan a meaningful celebration of achievements.
- Attempt to provide more notice for opportunities.
- Share this report with all PAG members and conduct a final evaluation in March 2026.

'The PAG team are incredible, I love every moment of being a participation member and am so grateful for every meeting and opportunity'.

A heartfelt thank you to all PAG members who contributed their time, insights, and energy—your voices are helping shape a more inclusive and impactful Brook.

